

SIMHAR TUTORIALS



shalom Institute of Mental Health & Research

*(Psychiatric Hospital cum Psycho-Social
Rehabilitation and De-Addiction Centre)*

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Rapid development in technology has significantly influenced every walk of life. The most prominent impact is that individuals are expected to be flexible, able to multitask and consistently remain productive in all spheres of professional life.

Fresh graduates and postgraduates of college who are about to start their careers would find training programs most useful as they would gain valuable knowledge and skills that can get them better opportunities ahead in their profession.

An undergraduate degree or a master's degree cannot by itself ensure professional expertise and success, some other skills are also required at a practical level – communication, leadership, and emotional intelligence to name a few.

Owing to this reason, we at SIMHAR organize webinars, conferences and exclusive training programs for undergraduate and postgraduate students of psychology, psychiatric social work and nursing.

We provide a 30 days exclusive training programme for interested candidates focussing on developing employable skills. The curriculum includes industry relevant syllabus such as Introduction to mental and behavioural disorders, Introduction to psychopharmacology, Psychosocial interventions for mental and behavioural disorders, Counselling and psychotherapy, not to mention hands on first hand experience.

Study materials, course completion and performance certificates will be provided to the candidates for the course. Our training program would groom their skills beyond their formal qualification to achieve success in life and help colleges increase their student success rate.

Facilities for block placements, internship and concurrent field work are offered at SIMHAR for undergraduate and postgraduate students of psychology, psychiatric social work and nursing. SIMHAR tutorials and webinars are conducted by eminent faculties on current trends in psychiatry and psychology.

Internships for Undergraduates

Eligibility : Candidates currently undergoing or completed BA/BSc in psychology or BSW.

Features : Equips the student for higher studies, First-hand experience to psychiatric setting, and guidance and supervision by practising mental health professionals, Opportunity to fulfil University requirements.

Content of the course : Introduction to abnormal psychology and psychiatric setting overview of psychiatric illness. Introduction to psychiatric interviewing and examination.

Internships for Postgraduates

Eligibility : Candidates currently undergoing or completed MA/MSc Psychology/Applied psychology/Clinical Psychology/MSW in Medical and Psychiatry.

Features : Opportunity to fulfil University requirements, First-hand experience to psychiatric setting, guidance and supervision by practising mental health professionals.

Content of the course : Psychiatric interviewing and examination. Biopsychosocial management of psychiatric illness and patient management.

Certificate Course - An exploration into Behavioral Deviance

Eligibility : Candidates currently undergoing or completed MA/MSc Psychology/Applied psychology/Clinical Psychology/MSW.

Features : 30 days intense training in psychiatric setting. Interaction with experts in the industry, detailed real time case study, assisted mini project. and access to study materials.

Content of the course : Mental and Behavioural disorders, causes and interventions; Introduction to psychopharmacology; Counselling and psychotherapy and psychosocial interventions.

Conferences and seminars for mental health professionals, medical and psychiatric social workers are conducted at SIMHAR throughout the year. The delegates and speakers are internationally reputed and acclaimed professionals. **SIMHAR offers Christian Medical Association of India (CMAI)** accredited courses.

Post Graduate Diploma in Counselling and Addiction Therapies (PGDCAT)

Eligibility : Any degree in social sciences/ psychology/ social work/ allied health sciences/ theology or equivalent degree

Features : One year course spread over two semesters of five months each. Specialized papers, practical papers and concurrent practicum. Equips the students to work in the field of de-addiction. Imparts theoretical and practical knowledge about dealing with addiction.

Post Graduate Diploma in Marriage counselling and Family life education (PGDMCFL)

Eligibility : Any degree in social sciences/ psychology/ social work/ allied health sciences/ theology or equivalent degree.

Features : One year course spread over two semesters of five months each. Equips the students in couple and marital counselling. Develops skills in family counselling.

Post Graduate Diploma in Palliative Care, Chaplaincy and Pastoral Counselling (PGDPCC)

Eligibility : Any degree in social sciences/ psychology/ social work/ allied health sciences/ theology or equivalent degree

Features : One year course spread over two semesters of five months each. Provides more insight in palliative care management and unique role of chaplains or pastors in palliative care ministry. Training for pastoral counselling, spiritual therapies and crisis counselling.

